



SKATING TERMS

N	T	Y	E	H	A	G	N	Z	A	J	C	V	I	R
C	D	T	W	C	G	B	E	N	D	K	N	E	E	S
S	J	X	I	S	N	T	O	S	P	F	L	N	C	G
I	V	R	S	J	T	T	L	G	A	I	U	U	C	P
Z	X	E	T	N	L	O	U	F	O	R	W	A	R	D
I	K	N	B	D	O	A	P	M	R	C	Y	E	J	E
O	Z	B	B	I	G	W	I	G	G	L	E	S	M	D
A	B	P	A	P	L	Z	P	X	F	Z	G	M	A	G
A	I	I	A	C	X	S	M	L	B	U	S	C	R	E
K	X	Y	N	O	K	N	H	R	O	O	C	G	C	H
I	L	P	Y	A	C	W	I	J	T	W	H	T	H	D
C	D	X	M	J	T	K	A	V	U	W	S	Z	Q	O
Z	G	L	I	D	E	W	E	R	R	L	Y	A	E	N
S	L	Q	B	K	Z	H	C	Y	D	L	U	L	M	F
Q	M	U	O	H	S	S	R	H	L	J	Y	R	D	V

- SNOWPLOW SAM
- FORWARD
- EDGE
- BEND KNEES
- GLIDE
- DIP
- BACKWARD
- STOP
- WIGGLES
- MARCH



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